

any venture. They can also assist in protecting you from negativity. Archangel Michael will cut away the veil of illusion that surrounds and shields us from psychic attacks, and astral debris that clings to our energy fields.

This archangel urges us to speak our truth, re-claim our power and live with purpose. Each Sunday, spend a few moments connecting with him.

AFFIRMATION

‘Great Archangel Michael, I call upon you now to help me. I ask with great humility, for you to remove all negativity from my surroundings and inside of me, and replace it with great positive energies. Take away my fears and worries, and let me be strong, no matter what the future may bring. Make love the dominant emotion in me and empower it to wipe out all anger. I thank you, Archangel Michael, for your love, understanding and support’

Spiritual stones

When connecting with this ray, work with one of the following crystals:
Star sapphire, lapis lazuli
aquamarine, light blue topaz
light blue sapphire

Monday

Archangel Jophiel serves on the second, yellow ray of divine wisdom and illumination. Jophiel is known as the angel of beauty, she helps people to turn their negative thoughts into beautiful ones. People sometimes ask for Jophiel’s help to discover more about the beauty of God’s holiness, and to recognise how valuable they are.

This angel can help with creative blocks and provide assistance in overcoming the ugliness of addictions and unhealthy thought patterns. In situations that make you anxious, call upon this gorgeous angel to assist you in dealing with uneasy feelings. Jophiel works alongside Archeia Christine on this ray to awaken us to cosmic law.

AFFIRMATION

‘Archangel Jophiel, I call for you to come to my side now and help me to see the beauty in all things in my life. Please surround me with your heavenly presence and wipe away all unhealthy thought patterns from my mind, turning them into joy. Please rid me of all my fears, depression and despair, and help me to be loved. Thank you.’

Spiritual stones

Citrine, rock crystal
phenakite, amethyst



Tuesday

The third ray is pink and focused on divine love, so it’s no surprise that the archangel of passion, Chamuel works on this pink beam alongside Archeia Charity. If you are seeking peace, romance, purpose in life or career change, then this amazing divinity will help you.

Equally, those with heavy hearts, who find difficulty in forgiving others or themselves, can rest assured that Chamuel will envelope their hearts. He can bring love and light into our lives, so we can work towards developing positive attributes. Chamuel can assist you in finding what you are seeking – even those small objects that are often misplaced!

AFFIRMATION

‘Archangel Chamuel, I call upon you to assist me in opening and activating my chakras, so that I can be filled with pure, divine love and radiant light. Please assist me in seeking what I’m looking for; help me find my soulmate and guide me to the right job for me. I ask that you surround me in your loving pink light and open my heart chakra. Thank you.’

Spiritual stones

Rose quartz, amber
jade, fluorite

Wednesday

Archangel Gabriel serves on the fourth ray, which is white and thought to represent purity. Gabriel is known as the messenger of God and bringer of good news and hopes. It was this angel that was said to have appeared before Mary, to give her the news of the impending birth of Christ.

Gabriel works alongside Archeia Hope, and should be called upon if you’re a teacher, writer or musician, to assist with daily endeavours. This angel helps to provide clarity and arms us with the wisdom and confidence to make the right decisions.

AFFIRMATION

‘Archangel Gabriel, I call upon you to come to my side. I ask that you bring purification to my soul and help dissolve old discordant memories. Please wipe away any bad habits and thought patterns that lower my vibration. I ask you to bring discipline to my life so that everything runs smoothly, easily and without friction. Thank you.’

Spiritual stones

Red zircon, garnet
jasper, dragon’s eye
ruby, tourmaline