

## Thursday

Working on the fifth ray is Archangel Raphael, who is known as the angel of healing. This green ray is said to give people clarity, so they can see things for what they are.

Working alongside Archeia Mary, Raphael is full of compassion for those struggling physically, mentally, emotionally or spiritually. This loving archangel is a great healer and is said to have the ability to help us overcome addictions. As well as bringing people closer to their spirituality to experience peace, he likes to heal animals and Mother Earth, too.

### AFFIRMATION

**‘Beloved Archangel Raphael, I call upon your presence now to come to my side and I ask for you to send emerald green healing to embrace my whole body, and free me from any pain or disease. Please restore me to full and perfect health. I ask for you to guide me to the correct foods for my body and motivate me to be more active. I also ask that you arrange time in my schedule to make these changes. Thank you.’**

### Spiritual stones

Blue sapphire, Indigolite  
Sugillite, Sodalite

## Friday

Archangel Uriel serves on the sixth ray of purple and gold – which is said to be the ray of service and ministration – in unison with Archeia Aurora. This angel is said to bring knowledge and understanding of the divine to humankind – in fact, it was Uriel whom God sent to Noah to warn him of the flood.

Call on his power to help you interpret your inner voice and dreams, as he can guide us towards understanding our essential nature. With his assistance we have the possibility to fulfil our potential as creative spirits, as he helps us to find our inner light and to become radiant.

### AFFIRMATION

**‘Archangel Uriel, I call upon you to come to my side. Please shine your light of wisdom into my life whenever I’m facing an important decision, so I can decide what’s best. Give me the inspiration I need to come up with fresh, creative ideas. Help me to learn new information and guide me towards solutions to the problems I face. Empower me to resolve conflicts with others and let go of negative emotions. Thank you.’**

### Spiritual stones

Amethyst, citrine



## Saturday

The angel of mercy, Zadkiel serves on the violet ray, along with Holy Amethyst. This archangel is known as the angel of mercy, benevolence and memory. He gives us the strength to forgive others and delivers divine powers that can help to heal emotional wounds.

This comforting angel can be called upon to wipe away painful memories and to repair broken relationships, by motivating us to show mercy to one another.

### AFFIRMATION

**‘Archangel Zadkiel, I call upon you now to come into my life. Please help me to secure my individual freedom, so that I can then help others to be free. Help me to master the seventh ray qualities of freedom, forgiveness, alchemy, justice, transmutation and liberation of the soul. Teach me to be tolerant of others and diplomatic. Show me the importance of forgiveness in my life. Thank you.’**

### Spiritual stones

Amethyst, blue lace agate  
blue chalcedony, lapis lazuli

### OUR EXPERTS



#### Yasmin Boland

is a popular astrology writer, who recently co-authored *Angel Astrology 101* with Doreen Virtue. To find out more about her work, head to [yasminboland.com](http://yasminboland.com),

and if you want to find out which angels guide your astrology chart, visit [angelastronomy101.com](http://angelastronomy101.com)



#### Charleen Armitage

is a certified angel therapy practitioner and medium, who discovered the powers of angels after a life-changing transition three years

ago. She now assists others in strengthening their spirituality. Find out more at [wtbangels.com](http://wtbangels.com)